

# WEEK 1

## SMALL GROUP GUIDE



### THIS SERIES

Raise your hand if you've ever wanted to scream, "You're not the boss of me!" (You can also raise your hand if you have, in fact, actually screamed it.) Especially when we're teenagers, we tend to push back on the people, places, and things that control and hold authority over us. But here's the catch: whether we admit it or not, we've all given someone (or something) control of our lives. In this 4-week series, you'll challenge students to consider who, or what, they've allowed to be their boss. Because whether it's **the god of me, the god of stuff, the god of worry, or the god of obsession**, we all know what it's like to have an authority problem.

### THIS WEEK

#### **THE BIG IDEA**

We defeat the god of me  
by giving up our seat.

#### **THE BIBLE**

Exodus 20:1-3; Mark 10:35-45  
Matthew 16:24-25

- **Have you ever been bossed around? Tell us about it.**
- **How does it feel to get bossed around?**
- **How often do you feel frustrated with an authority figure? What is it about those authority figures that frustrates you most often?**
- **Why do you think teenagers and adults often disagree?**
- **What's the difference between become more independent and idolizing yourself?**
- **Read Matthew 16:24-25. How did Jesus "give up His seat" on our behalf? What is He asking from us in return?**
- **Which of these do you struggle with most: acting selfishly, speaking arrogantly, or responding defensively? Why do you think that is?**
- **What's one way you can practice acting selflessly this week?**
- **What's one way you can practice speaking generously this week?**
- **What's one way you can practice responding humbly this week?**