

# WEEK 3

## SMALL GROUP GUIDE



### THIS SERIES

Raise your hand if you've ever wanted to scream, "You're not the boss of me!" (You can also raise your hand if you have, in fact, actually screamed it.) Especially when we're teenagers, we tend to push back on the people, places, and things that control and hold authority over us. But here's the catch: whether we admit it or not, we've all given someone (or something) control of our lives. In this 4-week series, you'll challenge students to consider who, or what, they've allowed to be their boss. Because whether it's **the god of me, the god of stuff, the god of worry, or the god of obsession**, we all know what it's like to have an authority problem.

### THIS WEEK

#### **THE BIG IDEA**

We defeat the god of worry  
by seeking God first.

#### **THE BIBLE**

Exodus 20:1-3; Matthew 6:25-34  
I Peter 5:7

- **What's something that worried you when you were a kid? What about last week?**
- **What do you worry about most?**
- **In what ways do you think worry can become an idol?**
- **Which of these do you struggle with most: worrying about your needs, worrying about your image, or being filled with fear?**
- **What's one reason you sometimes worry about God providing for you?**
- **What's one way God has already provided for you that you can be thankful for?**
- **When it comes to your image, what do you worry about most?**
- **Read I Peter 5:7. How do you think we give our worries to God?**
- **What's one example of a situation where not worrying could cause us to stand out from the rest of the world (in a good way)?**
- **Did you defeat any worries tonight? Which worries do you still need to defeat?**
- **How can you focus your attention on Jesus, instead of your worries this week?**